

## PSYCHOLOGICAL FIRST AID FOR SCHOOLS



### FREE LIVE VIRTUAL TRAINING

The goal of this training is to assist schools to build Psychological First Aid (PFA) support teams. PFA is the suggested component of the recovery process of your Emergency Operations Plan. The PFA response can help staff and students recover from a broad range of distressful reactions to crisis incidents.

This training is designed for staff who have served or plan to serve on the Crisis Response team and provided at no cost to schools.

#### Level 1

##### Session Content:

- Connection to the Nebraska School Safety model
- Responding to staff/student death
- Staff messaging
- Parent messaging
- PFA core actions 1-2



##### Dates:

(register your team for one date)

- February 10, 2021
- March 10, 2021
- April 9, 2021

Training is 8:30 A.M.-3:30 P.M.  
All training is virtual during COVID-19.

#### Level 2

##### Session Content:

- Field operations after the ESU Coordinated PFA Support Team wraps up
- Ongoing follow-up guidance
- PFA core actions 3-5



##### Dates:

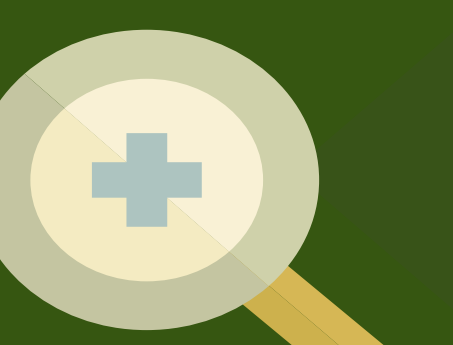
- February 9, 2021
- March 9, 2021
- April 12, 2021

Training is 8:30 A.M.-3:30 P.M.  
All training is virtual during COVID-19.

#### Level 3

##### Session Content:

- Digging deeper into long-term follow-up
- PFA core actions 6-8



##### Dates:

- April 13, 2021
- April 21, 2021

Training is 8:30 A.M.-3:30 P.M.  
All training is virtual during COVID-19.

[Register here](https://docs.google.com/forms/d/e/1FAIpQLSdd4KmtCJ1TuCs_mxgQmUetsXBOSnm2rvnsiyqweVGMWV9xBQ/viewform) or copy and paste to your browser:

[https://docs.google.com/forms/d/e/1FAIpQLSdd4KmtCJ1TuCs\\_mxgQmUetsXBOSnm2rvnsiyqweVGMWV9xBQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdd4KmtCJ1TuCs_mxgQmUetsXBOSnm2rvnsiyqweVGMWV9xBQ/viewform)